The World of Japanese Pressed Flowers

'日本押し花世界

Japanese Pressed Flower and Lécrin Flower Works by Dr. Serina Ha Miu Yin and students taking the General Education course ‘Chances to Possibilities: Japanese Botanic Art Workshop’

Pressed flower craft is the art of using pressed flowers and other botanical materials to create an entire picture from these natural elements. Flowers, petals, leaves and other organic materials are pressed until dry and flat, using a variety of pressing techniques. This craft has long been practiced as an art form in China and in Japan, where it is known as Oshibana (押し花). As early as the 16th century, Samurai warriors were said to have studied the art of Oshibana as a means of enhancing their powers of concentration, and of promoting patience and harmony with nature. Princess Grace of Monaco practiced Oshibana and helped promote the art of pressed flowers worldwide.

Dr. Serina Ha Miu Yin holds a PhD in Japanese Studies from the School of Modern Languages and Cultures at the University of Hong Kong. She is an accomplished Japanese Botanic Artist and a Pressed Flower and Lécrin Instructor for the Japan Fushigina Pressed Flower Association. Her work was recognized at the 9th World Pressed Flower Craft Exhibition Goyang Korea 2015 and her art has been exhibited in Osaka and at the Philadelphia Flower Show in 2015, 2016 and 2017.

Students taking part in the ‘Chances to Possibilities: Japanese Botanic Art Workshop’ include: Ms Bai Yanjia, Ms Chau Shuk Kwan, Ms Chen Qian, Ms Prudence Cheung Pui Ting, Mr Aaron Chong, Mr Han Xixuan, Ms He Bo, Ms He Liqing, Ms Ke Yuqi, Ms Kim El Him, Ms Kwok Oi Ying, Ms Li Ruoxi, Ms Lin Chia Jung, Mr Edward Lun King Fai, Ms Ma Zihan, Mr Qi Wang, Mr Ng Chun Long, Ms So Wing Ah, Ms Wang Feifan, Ms Wu Kit Man, Ms Wu Lok Yiu, Mr Xiang Xunyu, Ms Xu Ben, Ms Zhang Tianming, Ms Zhu Junyi.