Dubbed the most influential philosopher alive, Peter Singer is loved and loathed for his controversial views. Now he wants us to give away a lot of our money. Jo Baker reports.

For a man who sparks volcanic public debate wherever he goes, Peter Singer comes across as remarkably mild mannered. “I do cause some controversy, but there are also misunderstandings,” acknowledges the renowned moral philosopher, softly, as we plumb a few of the inaccuracies that have tainted the public reaction to his work.

Although dubbed by The New Yorker magazine as “the most influential philosopher alive”, Singer, known also as a bioethicist and activist, has been maligned during his career for tolerance or support, from a moral standpoint, of euthanasia, abortion, the rights of animals over some humans, infanticide and forms of bestiality – not to mention his calling “the whole edifice of Judeo-Christian morality” terminally ill. And these charges have now swollen to include the belittling of wealthy philanthropists. This is a serious charge-sheet indeed.

An academic, with appointments at the University of Melbourne, in Australia, and Princeton University, in the United States, the Australian visited the University of Hong Kong recently to publicise his new book on the ethics of giving charitably, parts of which have also managed to cause indignant emissions from the public. The Most Good You Can Do is a challenge to the affluent (and not so affluent) people around the world who might consider themselves to be “good”. In it he argues that many of us, if we were truly good, could afford to give about a third of our income to charity.

Yet as a proponent of the “effective altruism” movement, certain good deeds and charities rank much higher in Singer’s book than others – which is where the belittling comes in. In an interview earlier this year, the philosopher criticised the donation of US$100 million by an American tycoon for the renovation of a concert hall at New York’s Lincoln Centre for the Performing Arts, which would later be named after the philanthropist. Singer pointed out that just US$100 can restore the sight of a blind person. The basic needs of people around the world must take priority, he said. “Then help people listen to concerts in beautiful concert halls.” In certain circles, hackles were raised.

But Singer has supported his moral argument with another one. Effective giving is not only the hallmark of an ethical person, he says, but a happy one, too.

“I think a lot of people do want to find more fulfilment, do something that is more worthwhile than just displaying their wealth,” he says, having noted that, according to studies, a sense of wellbeing is not increased by wealth accumulated beyond about US$75,000. In a city that is home to 732,000 millionaires, and in which around one in five children lives below the poverty line, this in itself is a racy statement.”
SINGER WAS BORN IN MELBOURNE, Australia into a family of Austrian Jews that had been decimated by the Nazi genocide. This legacy prompted his preoccupation with ethics and morality, he says, although less so an investigation of them as a philosopher (which was more because he “liked to have a good argument”).

Told by his father that he would never earn a living as a philosopher, Singer nevertheless rejected law in favour of philosophy, and after taking bachelor’s and master’s degrees in Melbourne, he won a scholarship to Oxford University, in Britain.

It was there, as a postgraduate student and a lecturer, that he developed and refined his adherence to utilitarianism – the view that the greatest happiness for the greatest number is the measure of right and wrong – and set about popularising and applying this perspective in modern society. He developed a knack for presenting compelling – though not always pleasant – arguments in both academic circles and the public eye.

“If you are utilitarian you work on the basis that we should minimise suffering and maximise happiness,” says Singer. “Obviously, a lot of other people think that you must minimise suffering; too, but they may believe, for example, that there are moral rules that you shouldn’t break, that there are independent principles like justice and equality, which weigh independently of whether they reduce suffering or produce wellbeing.

“Utilitarians don’t think this they think these things are desirable when they are a means to an end.”

Singer’s views have been seen him confronted by baying mobs, receive reams of hate mail, likened to Hitler’s deputy and described as “the most dangerous man on Earth” by his most vehement critics, including The Wall Street Journal and disability rights activists. And yet his starting point, he says, is compassion.

“The topics I want to influence the public on are ones where I think there’s a great deal of unnecessary suffering that could be prevented, if only we did a few things differently – things within the ability of individuals to do in their own lives and that don’t require government intervention,” he says, in his soft-spoken manner.

It was in 1975 that the philosopher began to prove his father wrong by publishing Animal Liberation, which gained considerable public attention. In the book, he argues that the suffering of animals is comparable to human suffering, and that because some animals are smarter than young children and severely impaired adults, they should be given greater consideration. It became a founding text of the world-wide animal-rights movement.

differences between a great ape and an oyster, compared with those between a human and a great ape, the former two are lumped together as “animals” while we are “human”. He famously challenged this boundary further in 2001, when he suggested that “mutually satisfying activities” of a sexual nature between humans and animals should not necessarily be opposed.

Similarly, Singer argues that fetuses and newborns lack the essential characteristics of personhood, including self-awareness, which means that the killing of either can never be equivalent to killing an aware being that wants to go on living.

“I think it’s reasonable to say that compassion, empathy and concern for others underlie my ethical position. I think the most vehement critics of my views of the sanctity of life are people who come from a religious foundation, usually a conservative Christian foundation, and think that all human life is sacred in the way that non-human animals can’t be.”

In 2013, when the philosopher became a Companion of the Order of Australia, the nation’s highest honour, the response was predictably split, and predictably fiery. On one side were those who consider Singer an advocate of genocide. On the other were those, such as the leader of Australia’s Greens party, Christine Milne, who applauded “his global reputation for challenging people to reconsider their views on ethical behaviour, animal welfare and the human condition”.

For some, the philosopher’s latest focus on charitable giving may be no less confronting than his previous topics of inquiry. This is particularly so in a city that is famous both for its wealthy tycoons and its impoverished rubbish collectors aged well into their 70s and 80s. Singer remains optimistic.

“Obviously, there’s great wealth in this city now,” he says. “When countries are struggling to establish themselves at a certain level of economic security, philanthropy is less prominent, but once they get to that point, then people who made a lot of money start to ask
American philanthropists Andrew Carnegie and John D. Rockefeller – having come close to any one of them in impact. Yet Singer is more focused on the hundreds of thousands of others who are making the change.

At a Hong Kong International Literary Festival talk last month in Wan Chai, Singer spoke of Australian academic Toby Ord, who, on a modest salary, calculated that he could give enough throughout his career to cure 80,000 people of blindness in developing countries and still have enough left for a good standard of living. Ord later founded Giving What We Can, an organisation that unites people who want to do the same. The organisation now has more than 1,000 members and has pledged more than US$350 million to “evidence-based global poverty interventions”. Singer spoke of those who have saved numerous lives by making simple sacrifices – forgoing a new car, a holiday or even bottled water in countries where tap water is safe. And he spoke of Matt Wage, a Princeton philosophy graduate who decided the best thing he could do was not to go into development and aid, but to work in finance – which he currently does in Hong Kong – and give a six-figure sum each year to effective charities.

"Because, if you earn a lot of money, you can give away a lot of money, and if you're successful in that career, you could give enough to an aid organisation that it could employ, let's say, five aid workers in developing countries," says Singer, explaining why that would be so much more beneficial than volunteering yourself.

The philosopher has largely lived by his own moral code. He has been a vegetarian for 45 years and, for the past four decades, has donated to charity between 10 per cent and 35 per cent of his income, and aims to eventually reach 50 per cent. As a father of four, he remembers bringing up his children to inquire in a similar manner.

"[Their upbringing] can't have been too bad because we're still a close family," he says. "Sure, we talked about ethical issues; there was a bit of a ... philosophy for children movement, which prepares educational materials for primary-school-age kids, and I remember reading them with my children. I think we did a couple of classes in their primary school."

His wife, he says, has been supportive of many of his choices – although she did suggest, on his turning vegetarian, that he start cooking a little more.

More serious has been Singer's grapple with issues surrounding his mother, who died of Alzheimer's disease – a condition that largely robs its victims of the qualities, such as self-awareness and autonomy, by which the philosopher measures a life's value. Singer did support her financially while she was ill and has admitted that the decision to end a person's life feels “different” when that life belongs to someone close, which resulted in charges of hypocrisy. Yet other family members, including Singer's sister, shared the decision-making and care, and, he says, with difficulty, his mother would probably have died six months earlier than she did had he been in sole charge.

Yet what comes through most clearly, overriding the Australian's zeal as an activist and his knack for hitting the human heart where it hurts, is the distinctive and too-rare calm of someone who is at peace with his place in the world. When he dies, he says, his tombstone will make for a modest read.

"It would say something like, 'He did what he could to make the world a better place,'" he says, after some thought. "You know, I don't see myself as somebody who's transforming the whole world, I see myself as part of a long tradition that dates back to Socrates, that has always been trying to make the world a more human, more compassionate place."

"If I've helped a little bit to move things forward, that's enough."